

Media Personal Safety 1 Day Course



The world of journalism, media and PR can be challenging and unpredictable, as such there is a need for all to have an understanding of Personal Safety and Security, whether freelance or contracted.

With over a decade of experience our trainers deliver a one day program specifically aimed at this industry and those operating in perceived 'safe' zones. The aim of this course is to assist employers to meet their duty of care responsibilities.

Depending on your assignment a typical program covers;

Personal/Travel safety

Surveillance/Counter surveillance

Weapons awareness

Basic First Aid (stab & gunshot wounds)

Civil disturbance

PPE (covert)

* Other topics can be covered – content to be agreed prior to the course.



The cost of this in-house one day course is £650 + vat for up to 10 delegates.

This course will be a blend of lectures, practical sessions and questions & answers.

All delegates will receive a certificate of attendance.

For those who are working in more hostile environments overseas we also offer more in depth 3 and 5 day programs, please call for more information.



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